



Belconnen High School

COURSE OUTLINE Semester 2, 2026

Course Title: **10 Talented Sports Program**
Faculty Head: Graeme Budd

Faculty: **Health and Physical Education**

Description of Course

The Talented Sport Program (TSP) is aimed at supporting and improving elite performance and management. Goals setting, performance feedback as well as research in related topics such as drugs in sport and new technologies to improve sport performance.

Learning Outcomes

- Synthesises health information from credible sources to propose and justify strategies to enhance their own and others' health, safety, relationships and wellbeing
- Evaluates and refines their own and others' movement skills and performances, and applies movement concepts in challenging or unfamiliar situations
- Adapts and transfers movement strategies to unfamiliar situations to achieve successful outcomes
- Proposes and evaluates community-based physical activity interventions designed to improve the health, fitness and wellbeing of themselves and others
- Applies and evaluates leadership approaches, collaboration strategies and ethical behaviours across a range of movement contexts

Materials Required

Students will have access to a google classroom where class tasks and assessment items will be displayed, therefore a device is required. The assessment dates for this subject will appear on the students google calendar. Students can refer to the BHS Study Skills Guide and the BHS website for assistance with assessment tasks. The Assessment and Reporting Policy is available on the school website. Items Required Chromebook or suitable device Notebooks, pencil case and equipment.

Homework Required

Students will be expected to complete a variety of tasks outside of class time. This may include, teacher-set homework, research for tasks, revision for tests, review of class work and more.

Assessment Schedule

	Due Date	% Weighting
Goal Setting Assessment	07/08/2026	
Drugs in Sport Assessment	04/09/2026	
Physical Performance testing	23/10/2026	
Self Video Analysis Task	20/11/2026	